

## Spain What to Bring!

### Plan:

- Pack two suitcases - one for Chicago and one for Spain/Rome
- Coordinate with someone on the Chicago team to be responsible for your 'Chicago' suitcase and return it to your parents when they return home.

### British Airway Baggage Requirements:

Maximum Dimensions: 62 linear inches/158 cm (length + width + height)  
Maximum Weight: 51 lb/23 kg

Emmaus Luggage Limit: One (1) + carry-on (i.e. air mattress & small satchel or sleeping bag & small satchel, etc.)

- Sleeping bag (idea if you sleep warm: sew a fleece twin sheet into a 'sleeping bag' - weather is cooler - think San Francisco - with temps around 65-70 degrees F)
- Pillow (optional, not recommended due to space; roll-up a sweatshirt or use a travel pillow!)
- Air mattress (could be your carry-on)
- Personal Toiletries (include a small sunscreen in case it's quite hot on our tours)
- Towel
- Bible
- Pen
- Notepaper
- Clothing - Our goal is not to be a tourist and offend everyone, but to be as culturally sensitive to the people we are ministering to as possible. Conservative dress is the most appropriate for Spain/Rome.
  - 1-2 pairs of long pants
  - 2-3 pairs of shorts (remember: modest; at least finger-length)
  - T-shirts/Shirts (Decide whether what you are wearing is a good witness for Jesus Christ or at least neutral)
  - Shoes
  - Socks
  - Don't forget your underclothes!
  - Jacket/Sweatshirt
  - A set of 'nice' clothing for church service (collared shirt, slacks, skirt, etc.)
- Modest Pajama's (warmer pj's - or layers in case you sleep hot or cold)
- A small bag (idea: recycle a grocery bag or two!) to carry toiletries & change of clothing to the shower
- Small battery operated fan (optional yet highly recommended)
- Water bottle
- Swim Suit (Females need a one-piece)
- Shower Shoes/Flip Flops (optional)
- For Rome tours, dress code is enforced at several sites we will be visiting. Please have the following possibilities in your outfit selection:
  - Always have your shoulders covered or the possibility to cover them - i.e. a light sweater, a collared shirt/polo to put on over a tank top, etc.
  - Capris that cover the knees while walking and sitting
  - Ladies: Skirts are an option and need to go below the knees

Guys: Shorts are not allowed. You will need to wear pants on the day we tour these sites or if you have a pair of the hiking pants that zip off into shorts you could wear those.

Be forewarned: you may see other tourists that have 'gotten away' with some of the rules the sites enforce. Sometimes it depends all on who is guarding the doors and letting people in! Because of our short time there, we need to be fully prepared to not be turned away and to be respectful of the sites, culture and their requirements.

- Four (4) copies of passport picture page
  - One copy stays with the student at all times (Kristy will collect & safe-keep all passports while in country until departure.)
  - One copy Kristy will carry with her everywhere we go. (She will collect this copy at the July meeting the week before we leave.)
  - One copy will stay in the safe at church. (This copy will also be collected at the July meeting.)
  - One copy will stay at home with your parents.

- Any medical insurance/information parents want to send with you
- Sunglasses (optional)
- Spending money
- Some Family & Friend photos you can share with new friends you meet & to bridge the culture barrier (may or may not use them but at least you'd have them!)

Laundry will be available and is included in your cost.

### Spain What Not to Bring!

- While in the city....ipod, cell phone, electronics - bring them for the plane and then stash them in your luggage. (International phone coverage is expensive. Parents will have emergency phone numbers and Dan and Kristy will send out updates.)
- Anything that is not replaceable or that has significant value (jewelry, etc.)
- A lot of money
- Short shorts, shirts or skirts, tight clothing
- Drugs, alcohol, & tobacco

Rome is known for it's pick-pocketing and theft, especially during high tourist season. This is not a reason to be paranoid....only a reminder that we will be cautious with all we do and a big reason we stick together as a group and watch each other's back.

That said, backpacks are not recommended to bring with you touring. It automatically tags you as a tourist and is very easy for theft. The best way to carry your needs are as follows....

- A small satchel that can be carried in front of you (slung diagonally over your shoulder) Ask Kristy what she means if this doesn't make sense! :)
- An undercover money belt - i.e. <http://www.rei.com/category/4501758>

If you have questions about what you are thinking of bringing, please ask!